

## Tools

Shortcut	Result
Ctrl + 1	Opens Audio tool
Ctrl + 2	Opens Avid Calculator
Ctrl + 3	Opens Command palette
Ctrl + 5	Opens Compression tool
Ctrl + 6	Opens Console
Ctrl + 7	Opens Digitize tool
Ctrl + 8	Opens Effect Palette
Ctrl + 9	Opens Project window
Ctrl + =	Opens settings for active window
Ctrl + -	Opens Video Input tool

## Audio

Shortcut	Result
Alt + click in Pan slider	Snaps to Mid in Audio Mix tool
Alt + click Volume slider	Snaps to 0 dB in Audio EQ and Audio tool
Alt + click Audio Track Speaker icon	Selects track for audio scrub monitoring
Alt + drag keyframe	Moves selected audio keyframe horizontally in Timeline
Alt + click digital scrub parameters	Brings up Audio Settings dialog box

## J-K-L Keys (Three-Button Play)

Shortcut	Result
	Plays forward – press repeatedly to shuttle forward at 2, 3, 5, and 8 times normal speed
	Plays backward – press repeatedly to shuttle backward at 2, 3, 5, and 8 times normal speed
	Pauses
+ hold	Plays forward at 8 fps (NTSC), 6 fps (PAL)
+ hold	Plays backward at 8 fps (NTSC), 6 fps (PAL)
+ press	Steps forward 1 frame at a time
+ press	Steps backward 1 frame at a time

## Playing and Marking Footage

Shortcut	Result
Alt +	Steps 10 frames forward
Alt +	Steps 10 frames backward
Alt +	Steps 1 field forward
Alt +	Steps 1 field backward
Alt +	Marks IN point
Alt +	Marks OUT point
Alt +	Goes to IN point
Alt +	Goes to OUT point
Alt +	Plays continuous loop from IN point to OUT point

## Editing

Shortcut	Result
Ctrl + Z	Undoes previous action
Ctrl + R	Redoes previous action
Ctrl +	Cuts selected material to Clipboard
Ctrl +	Places selected material in Clipboard
Alt +	Places extracted material in Source monitor
Alt +	Places copied material in Source monitor
Alt +	Places lifted material in Source monitor
Ctrl + V	Pastes Clipboard contents
With clip in Source monitor, Ctrl + I	Displays Clip Info box
Alt + click on monitor	Changes cursor to hand for dragging subclip to bin
Alt +	Opens Select Bin dialog box for subclip
Alt + double-click Clip, Sequence, or Title icon in bin	Opens clip, sequence, or title into pop-up monitor
Alt + drag clip into Record monitor	Splices shot into sequence
↑ Shift + drag clip from bin to Record monitor	Overwrites shot into sequence

## Editing (Cont.)

Shortcut	Result
Ctrl + D	Duplicates clip or sequence
Ctrl + L	Enlarges frames in Record or Source monitor
Ctrl + K	Reduces frames in Record or Source monitor
Alt +  or	Edits to position indicator on record side, ignoring record side marks
Alt +	Marks clip duration and position, ignoring track selection and filler
Ctrl + Alt +	Marks region between locators; if no locators, marks whole sequence
Esc	Switches between Source and Record monitor

## Timeline

Shortcut	Result
Ctrl + click in Timeline	Snaps to next or previous transition
Alt + click in Timeline	Enables lassoing of transitions and segments in Timeline
Alt + drag segment in Timeline	Enables single-frame motion for moving segments
Ctrl + L	Enlarges highlighted track in Timeline
Ctrl + K	Reduces highlighted track in Timeline
Ctrl + ]	Shows more detail in Timeline
Ctrl + [	Shows less detail in Timeline
Ctrl + F	Brings up Find dialog box for clip name, locator, and Timeline text searches
Ctrl + Y	Creates new video track
Ctrl + U	Creates new audio track
Alt + New Video Track / New Audio Track (Clip menu)	Opens dialog box with choice of track number
Ctrl + click Track Monitor icon	Solos video or audio track
Ctrl + drag clip from bin (Segment mode)	Snaps to IN to OUT boundaries
↑ Shift + click on segments	Enables selection of multiple segments

## Timeline (Cont.)

Shortcut	Result
Ctrl + ↑ Shift + drag segments in Timeline	Restricts motion to vertical
Ctrl + drag Track Selector button	Repositions tracks vertically in Timeline
↑ Shift + lasso Track Selector panel	Selects all tracks inside lasso; deselects all others
Ctrl + A	Selects all tracks
Ctrl + Alt + A	Deselects all tracks
Alt +  in Timeline	Performs match-frame edit without marking IN point at frame

## Trim Mode

Shortcut	Result
Alt +  or	Enters Trim mode at next or previous transition, ignoring track selection
Alt + trim A or B side	Adds black filler at trim to maintain sync
Alt + double-click segment (Trim mode)	Puts segment into Slide mode
Ctrl + double-click segment (Trim mode)	Puts segment into Slip mode
Esc	Exits Trim mode

